

PERSONAL DETAILS

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EDUCATION

- From 01.2010 **Center For Brief Strategic Therapy in Arezzo** (Italy).
Specialization in Brief Strategic Therapy (4 years).
- 10.2007 – 12.2008 **University of Padua**. Specialization - Clinical Psychology
- 10.2006 – 09.2007 Master – Human Resources Management. Modena. Italy.
- 2002 – 2007 **University of Warsaw**. Faculty of Psychology. Specialization –
Psychotherapy – Master Degree. Title: *Perceived own body
image in men practicing weight training.*
- 2000 – 2005 **University of Warsaw**. Faculty of Pedagogy.
Individual Specialization – Master Degree.
Title: *Education of Leadership for Teachers. Importance
of leadership competence in their didactic work.*

EXPERIENCES

- 10.2010 – actual **Free lance – Psychologist** (Private Practice in Modena and on-line consultations).
- 06.2010 – actual Trainer for **Il Gruppo LEN** in Parma (Italy). Psychological workshops
- 07.2009 – 09.2010 Consulting for Iscom Formazione Modena
- 07.2009 – 12.2009 Training in Psychotherapy (Clinical psychology) in family Therapy
Institute in San Diego (California) – Brief Strategic Approach
- 01.2009- 07.2009 Training in Center for Psychotherapy (sistemic-relational approach)
in Modena
- 09.2008 – 09.2009 English teacher for Italians
- 04.2007 – 09.2008 Social worker in rehabilitative Center in Modena (Italy)
- 03. 2006 – 06.2006
 - Psychological stage in Psychological Center in Warsaw
 - Making tests and interview with clients of Center
- 03. 2005 – 05.2005
 - Psychological practice in Military Institute of Air Medicine
in Warsaw
 - Doing psychological tests on soldiers
and civilians
- 10.2004 – 12.2004
 - Psychological - pedagogical practice in Psychological
Surgery in Warsaw
 - Studying how to diagnose different children disorders
- 11.2002 – 05. 2003
 - Psychological - pedagogical practice in military unit
in Representative Battalion of Polish Army in Warsaw
 - Preparing classes for new soldiers to simplify

2001 – 2003

- adaptation to new conditions
- Volunteering in Center of Social Assistance in Warsaw
 - Helping elderly women in everyday life,
 - preparing proms for kids and helping them in school

LANGUAGES

- Polish: native speaker
- English: conversation – very good; writing - very good;
- Spanish: conversation – fairly good; writing – fairly good;
- Italian: conversation – very good; writing – very good.

COMPUTER SKILLS

Microsoft Office, Powerpoint, Word, Excel, Publisher, SPSS
Internet surfer and use of Outlook, Social Networking

PERSONAL INTERESTS

- **foreign languages and cultures, human behavior, talking to and meeting people**
- sports – jogging, aerobics, swimming, cycling, climbing, etc.
- traveling – in specific: Great Britain, United States, Greece, Ukraine, Slovakia, Germany, Hungary, Croatia, Italy, Spain
- PSYCHOTHERAPY. Certificates of participation in conference:
 - Clinical Training Seminar "Treatment of Personality Disorders and management of Borderline subjects". Arezzo 15/16 Nov. **2008**. (G. Nardone, C. Lorigo, J. Zeig)
 - Clinical Training Seminar "Depression. Short terms therapy models". Padua 7/8 oct. **2006** (G. Nardone, C. Lorigo, J. Zeig)
 - Clinical Training Seminar "Anxiety. Panic. Phobia. Obsessions." Genua, 15. Apr. **2007**, (prof. G. Nardone)
 - 3rd European Conference of Brief Strategic and Systemic Therapy. Investigate. Induce. Prescribe." Arezzo, 8/11 Nov **2007**
 - 10th International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy." Phoenix, AZ, USA, 6/10 Dic **2007**
 - 50th anniversary of Mental Research Institute in Palo Alto – San Francisco, CA, USA, 13/15 Aug, **2009**

ACHIEVEMENTS

- 2002 – First place in Polish Cheerleading Competition in Kielce
- 2003, 2004, 2005 – Scholarship of Ministry of National Education
for achievements in science

I hereby agree for processing the following personal information strictly for the purposes of job recruitment in accordance with the regulation for the protection of personal data passed on the following day: 29.08.97, Dz.U nr 133 poz. 883.